



Indiana Center for **PREVENTION** of Youth Abuse & Suicide

If you or someone you know is thinking about suicide, the resources below offer 24-hour crisis support via phone, chat, or text.

There is hope.

988 National Suicide Prevention Lifeline

Dial 9-8-8 to access crisis intervention for thoughts of suicide, mental health, substance use or other emotional distress in multiple languages. Text or chat available (English only.) If you are not certain 988 is appropriate, call 9-1-1

National Suicide Prevention Lifeline

1.800.273.TALK (8255) or Text IN to 741741

Chat available suicidepreventionlifeline.org

Trevor Project Lifeline (provides support for LGBTQ+ youth)

866.488.7386 or Text START to 678-678

Chat available thetrevorproject.org

Veterans Crisis Line (service members, veterans, and their families)

800.273.8255 and press 1 or Text 838255

Chat available veteranscrisisline.net

Trans Lifeline (crisis support by and for transgendered people)

877.5658860

Additional resources available at translifeline.org

Community Health Network Crisis Line

317.621.5700 (select option 1)

Indiana Be Well Crisis Helpline

Call 211 follow prompts and select 3 for the Helpline

Ascension St. Vincent Services Stress Center (youth & adults)

800.872.2210 or 317.338.4800

Aspire Indiana Health (youth & adults)

800.560.4083 or 317.574.1252

If a suicide attempt has occurred or you believe someone may be in immediate danger, call 911 or go to a nearby hospital emergency room.

Community Resources

The resources listed below are not an exhaustive list of resources in your community. These resources serve as a starting place should you or someone you know need assistance. If you have concerns about a school-aged youth, check whether the school partners with a community mental health service provider.

Indiana 211 provides assistance in finding a range of community resources anywhere in Indiana. Dial 211 to be connected to a Community Navigator.

Aspire Indiana Health offers counseling and wraparound services to at-risk youth (all ages) and their families. Medicaid and private insurance accepted, discounted fees available for qualifying patients | 877.574.1254 | www.aspireindiana.org

Community Health Network offers behavioral health services for youth (ages 5+.) Medicaid and private insurance accepted, financial assistance available | 317.621.5700 | www.ecommunity.com/services/mental-behavioral-health

Ascension St. Vincent Stress Center offers mental health services to youth (ages 6+) throughout Indiana. Private insurance accepted and financial assistance is available | 800.872.2210 | www.healthcare.ascension.org/speciality-care/behavioral-mental-health

Life Solutions Counseling offers a range of counseling services to families and youth. Offices in Greenwood, Carmel, and Noblesville. Medicaid and private insurance accepted | 317.579.5433 | www.lifesolutions.com

Strengthening Indiana Families Family Resource Centers connects families with a comprehensive set of supports and services for families designed to improve parent and child well-being. Family Resource Centers are currently open in Delaware, Grant, La Porte, Madison, Tipton, and Wayne counties | www.strengtheninginfamilies.org

Family and Community Partners LLC provides a range of counseling services in Central Indiana. Medicaid and private insurance accepted 317.252.5258 | www.familyandcommunitypartners.com

Reach for Youth Inc provides mental health and youth services programming to at-risk Central Indiana youth and their families. Medicaid and private insurance accepted, sliding-scale fee available. Offices in Greenwood and Indianapolis and telehealth option available | www.reachforyouth.org

Indiana Professional Management Group offers case and care management in addition to wraparound services facilitation s to families and youth across Indiana. Open to families in Home and Community-Based Services (HCBS) Medicaid Waiver Program, Child Mental Health Wraparound program, and Children's Mental Health Initiative (CMHI) | 866.672.4764 | www.gotoipmg.com

Educate. Prevent. Empower.

Indiana Center for Prevention of Youth Abuse and Suicide
www.indianaprevention.org | 317.759.8008